

# Open Eyes



THE ASIA-PACIFIC NEWSLETTER OF ADIDAM ISSN 1176-4570

VOL 18/3



## Are You The One Who Is Living You Now?

What is your conclusion about Reality, your actual present-time presumption about Reality? Do you presume Reality Is Divine—or not? This question is important, because your conclusion about Reality is operative in every dimension of your life....

That conclusion—whatever it is—is what is determining your life, moment to moment, and even now.

—Adi Da Samraj, *The In-Depth Exercise of Reality-Intelligence*

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## Welcome to Open Eyes

### IN THIS ISSUE:

Avatar Adi Da once proposed a fundamental question: "Are you The One Who is Living you now?" He said that the answer to this question is a Mystery. It cannot be answered with the logical mind, but only through Realisation of That One, which is the Consciousness of all beings.

We live our everyday lives presuming that "we" are "living" every aspect of them. Yet, as Adi Da points out, if we stop to consider the matter for a few moments, we realise that we are not even controlling our own breathing or digestion or thoughts. We are lived, dependent upon a Life-Process which is beyond our control.

Avatar Adi Da Communicates and Reveals That One, Who Is Consciousness Itself. Every devotee who has heart-surrendered to Him can confess this Living, life-transforming Truth, as two devotees do in this issue.

This newsletter is produced by devotees of Avatar Adi Da Samraj. Avatar Adi Da established the ego-transcending Spiritual Way of Adidam Ruchiradam.

"Open Eyes" is one of Avatar Adi Da's descriptions of Perfect Enlightenment, or the non-exclusive, non-inward state of one who is identified unconditionally with the Indivisible Reality that is the Prior and Divine Condition of existence.

Avatar Adi Da Teaches that this Indivisible Reality is the Truth of everyone and everything. He has said that we could be completely Happy in every moment, if we truly Realised this. Instead, we chronically feel and think—and experience—that we are separate from apparent others and things.

This feeling-sense of separation is what Adi Da calls the "I", the ego, or the "self-contraction". He Teaches that the self-contraction is something we are doing, not something that is happening to us. Adi Da appeared in human form for a time to "learn" this limitation, and to fully Reveal the means to transcend self-contraction in the Prior Divine Reality that is His Eternal State.

# Melt Down In My Deep Light

ADI DA SAMRAJ: The "bland soup" of egoity is the state in which people tend to live—from moment to moment. That state is what human beings, in general, call "life". That state is not Reality-intelligent. That state does not "know" conditional existence for What it Is. That state does not "Know" Reality Itself As Divine, and it does not turn to The Divine As Reality Itself....

If you are not Reality-intelligent in the moments of change, then, every time there is a change, you identify with the change.

"I am that change, then," you think and say.

When the body is suffering, you think and say, "I am suffering."

When reactive emotion arises, you think and say, "I am angry, I am sorrowful, I am afraid."

That which—in and As Reality Itself—never changes is, in its superficial daily-ordinary state, constantly presuming itself to be changed, and to be a change.

In this moment, it is painful—in the next moment, it feels good.

The daily-ordinary ego-mind is constantly "self"-identifying pure awareness (or The In-Depth Mere Witness) with the changes that are peripheral to it.

If you inspect awareness itself, if you enter into it most profoundly, you will clearly see that awareness itself does not change, but it Is (simply and only) The In-Depth Mere Witness of changes.

Until awareness Self-Abides As The Mere Witness, even in the context of apparent changes, it presumes itself to be the changes themselves.

All of the arising of conditionally apparent "experience" is nothing but an apparent modification of The Intrinsic Self-Radiance of Consciousness Itself—The In-Depth Mere Witness of all-and-All.

The In-Depth Mere Witness—or The egoless Indivisible Self-State of The Intrinsic Conscious Light of Reality Itself—Is What must Be "Perfectly Known", or Perfectly Self-Realized, even to The Most Perfect Degree of Divinely Self-Outshining all-and-All.

—Adi Da Samraj, *The Aletheon*

The Only Liberating Discovery Is That My Divine Avataric Transcendental Presence Is Real—Able To Be Tangibly "Located" and "Known" Under any and all circumstances.

—Adi Da Samraj, *Recognition of Me Is Liberation*



## Not Limited to any conditional form



Born and raised in the Western highlands of Papua New Guinea, and directly instructed and guided by Adi Da Samraj, Stuart Camps has been serving the growth of the Sacred Camel Gardens and Fear-No-More Zoo since 1993. Here Stuart describes his first Sighting of Adi Da when he was on retreat in Fiji in 1989. For the full story, go to <http://sacredcamelgardens.com/wordpress/i-make-no-distinction-between-beings/>

STUART: Adi Da Samraj is standing motionless on the sand. I immediately know that I'm seeing Man unlike any I have ever met, or heard of. He is so clearly not other than me, and not other than anyone else. At the sight of Him, my heart instantly recognises its Self. He is powerful and humble, resilient yet vulnerable, immense but human, and so wildly beyond the human. I am Happy, dissolved, utterly relieved at heart... aware that there is no distinction between beings, or things, or places... that love is denied to no-one and no thing. Adi Da's Spiritual Presence surrounds me, in profound silence, with this understanding.... I understood that Naitauba, this island where Adi Da made His home, is a "person", too, now submitted to and serving Adi Da's benign intentions in the world. To see and feel Naitauba is to know that Adi Da is far more than merely human, not Limited to any conditional form. In His Embrace of Naitauba He made this island another, further, appearance of Himself.

## "Simply be attracted to Me"



Ren-ai Lindley, now living in New Zealand, travelled with Adi Da Samraj for 7 years, serving as His masseuse and later art secretary.

RENAI: In March 2013 I went on retreat at Adi Da Samrajashram in Fiji. During that time, I felt Avatar Adi Da Drawing me into the ecstasy of simply allowing Him to Live me. I realised that even after 22 years as Adi Da's devotee, I was still only giving lip service to the Spiritual Truth that He is Living me.

I was presuming to be a "separate individual" with "my own thoughts and experiences" and a "secret life". How deluded! During the retreat, I realised that the Spiritual Reality is true and that I can't possibly have a secret from Consciousness Itself.

Now meditation became an ecstatic time of "soaking" in the True Water of His Being. I felt like a dry sponge filling from the inside out, every cell becoming plump and juicy.

As if to make the Spiritual Reality utterly evident, almost every day in Temple Adi Da the whole space became radiantly bright, centred around Bhagavan's Murti photo, so that the structure of the temple looked like line drawings and all the details were dissolved in light. After a time this would spontaneously fade away, and all the apparent solidity of "reality" would reappear. While these experiences are not important in themselves, I felt them as Adi Da's Gift, driving home the Reality of Spirit-Life, beyond all doubt.

In perfect coincidence, this was the time of celebrating Adi Da's writing of *Hridaya Rosary*, with its ecstatic descriptions of allowing oneself to melt down in His Deep Light.

Having received these Gifts and Revelations, I now see more clearly those moments when I am making the presumption of separation from the Divine. I feel the choice I can make instead, to turn to Beloved Adi Da.

See extract from *Hridaya Rosary* on the last page of this issue.

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(Adi Da's Message To Every  
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[www.naitauba.org](http://www.naitauba.org)  
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OPEN EYES is published quarterly  
by the education department of  
Adidam NZ.

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Fire Of Heart-Love  
Flows From My Right Side  
To Make your "I"-heart  
Melt In Me,  
There—  
Deeper Than sleep Falls,  
Deeper Than "self"-contraction  
Twists.  
Fire Of your heart-Love,  
Kneel Into Me.  
Fire Of your heart-Love,  
Feel Me Above,  
Melting you Down  
In Me.

Melt Down  
In My Deep Light,  
Tasting Delicious Quiet  
That Oozes Down The Spire  
Of you-Centered-In-Me,  
With every thing  
and part  
and place  
Becoming  
and Become  
An Alchemical Fuse,  
Transmutating Into Love-Bliss  
As you  
Fragrantly  
Melt.

—Adi Da Samraj, *Hridaya Rosary*

Turn to Me whole bodily—Beyond all "experience"  
and every thought.

Let Me "Live" you.

Dissolve in My Divine Transcendental Spiritual  
Current of Love-Bliss.

—Adi Da Samraj, *Let Me Live You*

#### About Capitalisation

In His written word, Avatar Adi Da uses a unique style of capitalisation, in which words describing the Divine Self or Spiritual realities are capitalised.