

Open Eyes



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Everything Transmits

Everything transmits. The stones transmit, the sky transmits, the TV transmits. Since everything and everyone transmits states of existence – since life itself, or existence itself, is participation in transmissions of all kinds – the best thing you can do is to associate with the greatest possible Transmission. Since everything is transmission, spend time in the Company of the One Who spontaneously Transmits That Which Is Inherently Perfect and Ultimate.

This is the Great Rule, the Great Law, the Ultimate Principle of the Great Tradition of humankind.

—Avatar Adi Da Samraj



Avatar Adi Da



Welcome to Open Eyes

This newsletter is produced by devotees of Avatar Adi Da Samraj. Avatar Adi Da established the ego-transcending Spiritual Way of Adidam Ruchiradam.

"Open Eyes" is one of Avatar Adi Da's descriptions of Perfect Enlightenment, or the non-exclusive, non-inward state of one who is identified unconditionally with the Indivisible Reality that is the Prior and Divine Condition of existence.

Avatar Adi Da Teaches that this Indivisible Reality is the Truth of everyone and everything. He has said that we could be completely Happy in every moment, if we truly Realised this. Instead, we chronically feel and think—and experience—that we are separate from apparent others and things.

This feeling-sense of separation is what Adi Da calls the "I", the ego, or the "self-contraction". He Teaches that the self-contraction is something we are doing, not something that is happening to us. Adi Da appeared in human form for a time to "learn" this limitation, and to fully Reveal the means to transcend self-contraction in the Prior Divine Reality that is His Eternal State.

IN THIS ISSUE:

A true Spiritual Master is able to transmit his or her spiritual realization to devotees. Based on the principle "you become what you meditate on" — this transmission makes a true Spiritual Master necessary for all who wish to truly learn spiritual truths — because real knowledge outside of one's current understanding is granted by experience rather than by study. Throughout the great traditions of religious and spiritual wisdom, we find countless descriptions of the preciousness of this gift from the Guru, and of the knowledge it gracefully bestows.

In this issue we look at the "physics" of the Spiritual Master-devotee relationship.

You Become What You Meditate On

The Law of Vibration

Avatar Adi Da once described the "physics" of the Spiritual Master-devotee relationship as a "law of vibration". When a tuning fork vibrating at a particular frequency is brought into proximity with another tuning fork, the second tuning fork can begin to vibrate "in tune" with the first. Such is the case with any object.

The Spiritual Master appears in human form, but not in the ordinary human state. The Spiritual Master is one who is—to one or another great degree—beyond limitation, and thus literally "vibrates" a State of Realization. The devotee comes into the Company of the Spiritual Master, and what is communicated is not an exchange with a separate, "other" human being, but rather the Spiritual Master's Realization itself.

By spending time with the Spiritual Master, the devotee who does not "hold on" to self (and thus stop the process of "sympathetic vibration") becomes more and more resonant with the Spiritual Master's State. The human Spiritual Master is thus a profound help to human beings, because the Spiritual Master appears in human form to communicate that which is otherwise beyond human experience.

The spontaneous recognition of the Spiritual Master as the Revealer of Truth is the basis on which this relationship is embraced. And to truly live the relationship with the Spiritual Master to fullest advantage, human beings must embrace a mature and self-responsible habit of living.

I Come to you directly. I Descend and Enter into your life. I am not merely calling to you from Beyond, or giving you a philosophy. I have Entered fully into the cosmic domain. I Am Fully here. All you need do, in any moment, is Find Me in My Divine Attractiveness. Find Me by Communing with Me. You need not be concerned with how much concentration of mind there is, how much poetic vision there is, how much relaxation there is in the body, how pleasant the conditions of life are. You need not be concerned with the fact that life is difficult at the moment, or that you yourself are obnoxious. You need not be concerned about any of it! All of that content is simply the inevitable suffering that is the result of conditional existence. All you need do is Find Me—by Means of heart-Communion with Me. Be Attracted to Me, and let the body-mind be changed by My Divine Avataric Spiritual Self-Transmission. Such is the Principle of the devotional (and, in due course, Spiritual) relationship to Me. Such is the Principle of the only-by-Me Revealed and Given Way of Adidam. Because of That Principle, I Am your Unique (Divine Avataric) Advantage.

There is one Great Law: You become what you meditate on.

—Avatar Adi Da Samraj, from *The Ancient Walk-About Way*



Avatar Adi Da

If the tuning fork that is Your body-mind-"self" Is Vibrated By Me, I Can (In Due Course) Make it Vibrate To The Degree Of Absolute Intensity.

But If You Are Gripping the tines of the tuning fork, I Cannot Do My Divine Avataric Transcendental Spiritual Work With You.

Therefore, Take Your hand Off the tines—and Come To Me.

Be Always Attuned To Me—and Vibrated By Me.

I Vibrate You By Merely Being.

Therefore, You Must Come To Me To Merely Be With Me.

—Avatar Adi Da Samraj, from *Recognition of Me Is Liberation*

An Account of Sighting Adi Da

—by Christine Phippen

Sitting before Adi Da, I became aware of two things. One was the absolute immense energy pouring out from His Being, which had the feeling quality of radiance, bliss, all-brightness. At the same time I could also feel Him as absolute stillness and restedness and peace—just simply being. I sat immersed in this revelation, realizing this is what is meant by Consciousness/Energy, or Conscious Light. Any apparent contradiction of these two had completely dissolved as I simply abided with and in Adi Da's transmission which was utter satisfaction; nothing needing to be added or done. All problem, all concern, all search, all separation completely outshone in this heart-broken-open love-communion.

This is what has been revealed to me, over and over again, in Adi Da's Company, both when sitting physically before Him and likewise by locating and feeling His Spiritual Presence and State. The more "I" (the thinking, doing, controlling, reacting, and knowing person) am forgotten, the more this sensitivity to what "Is" (which is so perfectly revealed by and as Adi Da) becomes known.

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The Great and Liberating Discovery

If you turn in upon the body-mind-complex, you become dark.

If you turn the body-mind-complex to Me and "Locate" Me, the body-mind-complex is En-Light-ened by Me.

If you devotionally recognize Me, then you "Know" the Import of My Divinely-Avatarically-Born bodily (human) Appearance here—but That Appearance does not define Me.

My Divinely-Avatarically-Born bodily (human) Appearance Is Means only—Means for your sake, Means Given in perpetuity, Means Given in your likeness, so that you may respond (and, thereby, turn) to What you are capable of recognizing.

The Only Liberating Discovery is that My Divine Avataric Transcendental Spiritual Presence Is Real—Able to be Tangibly "Located" and "Known" under any and all circumstances.

No form of merely imagining My Divine Avataric Transcendental Spiritual Presence—or of merely manipulating yourself to seemingly "experience" My Divine Avataric Transcendental Spiritual Presence—is, ultimately, Satisfying.

The Only True Satisfaction in life is the searchless Beholding of Me (in and As My Divinely-Avatarically-Born bodily human Divine Form and Person) and, in the midst of that Beholding, the noticing of My Divine Avataric Transcendental Spiritual Presence Tangibly Moving Upon you in your real "experience".

Such is the Great and Liberating Discovery.

—Avatar Adi Da Samraj, from *Da Love-Ananda Gita*

About Capitalisation

In His written word, Avatar Adi Da uses a unique style of capitalisation, in which words describing the Divine Self or Spiritual realities are capitalised.