pen Eye



True Humor



Avatar Adi Da sitting with devotees, July 2008

Throughout my life, I have been moved to Communicate (or to Reveal, to Transmit, and to Awaken) the fundamental Source and Substance and Condition of True Humor to others... True Humor has only one living Form (and one ultimately, or inherently perfect, Form), Which is Real God, Perfect Truth, or Reality Itself.



This newsletter is produced by devotees of Avatar Adi Da Samraj. Avatar Adi Da founded the ego-transcending Spiritual Way of Adidam Ruchiradam.

"Open Eyes" is one of Avatar Adi Da's descriptions of Perfect Enlightenment, or the non-exclusive, non-inward state of one who is identified unconditionally with the Indivisible Reality that is the Prior and Divine Condition of existence.

Avatar Adi Da Teaches that this Indivisible Reality is the Truth of everyone and everything. He has said that we could be completely Happy in every moment, if we truly Realised this. Instead, we chronically feel and think—and experience—that we are separate from apparent others and things.

This feeling-sense of separation is what Adi Da calls the "I", the ego, or the "self-contraction". He Teaches that the self-contraction is something we are doing, not something that is happening to us. Adi Da appeared in human form for a time to "learn" this limitation, and to fully Reveal the means to transcend self-contraction in the Prior Divine Reality that is His Eternal State.

The month of November marks the anniversary of Avatar Adi Da's human birth on November 3, 1939 and His Mahasamadhi (physical death) on November 27 2008. These dates are sacred to Adi Da's devotees, and in their honour, this issue of *Open Eyes* presents excerpts from *The Knee of Listening* (Adi Da's first book) and *The Aletheon* (His last) about the purpose of His life and work.

My Avataric Lifetime Is A Divine and Unique Demonstration of Intentional Entanglement—In Which The egoless Divine "Bright" Self-Nature, Self-Condition, Self-State, and Divine Transcendental Spiritual Self-Force of My Prior and Perfect Freedom Is Constantly Self-Revealed In Spontaneous Acts, Great Events, Remarkable Conjunctions, Extraordinary Processes, and Beyond-Wonderful Demonstrations of Perfect Dis-Entanglement—For The Sake of all-and-All.

—Avatar Adi Da, "My 'Secret' Biography", The Aletheon

When there is no ego, then The Divine Is Self-Evident—even with "Open Eyes"—in this apparent "world."

-Avatar Adi Da, The Aletheon

Even as a baby, I remember only crawling around inquisitively with a boundless Feeling of Joy, Light, and Freedom in the middle of my head that was bathed in Energy moving unobstructed in a Circle, down from above, all the way down, then up, all the way up, and around again—and always Shining from my heart.... And I was a Radiant Form—the Source of Energy, Love-Bliss, and Light....I was the Power of Reality, a direct Enjoyment and Communication of the One Reality. I was the Heart Itself, Who Lightens the mind and all things. I was the same as every one and every thing, except it became clear that others were apparently unaware of the "Thing" Itself.

Even as a little child, I recognized It and Knew It, and my life was not a matter of anything else. That Awareness, that Conscious Enjoyment, that Self-Existing and Self-Radiant Space of Infinitely and inherently Free Being, that Shine of inherent Joy Standing in the heart and Expanding from the heart, is the "Bright". And It is the entire Source of True Humor. It is Reality. It is not separate from anything.



Avatar Adi Da as a baby, in 1940



Avatar Adi Da in 1949

This "Bright", this Real Consciousness, is the perfect Form (and the Source of the living condition) of Reality, and It is never undone. It is now, and It is you. Now and always, every living being is arising within and as this Form, Which is the very Form of life. It is only that life is not lived as Real Consciousness....

From the beginning, in the early Spiritual "Brightness" of my life, I directly perceived the guiding purpose of my life: to restore True Humor (or the all-transcending quality of Happiness, that can persist, or, otherwise, constantly come forward, in the living being under all conditions, whether the conditions appear to be positive or negative).

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www.adidam.org (about Avatar Adi Da and Adidam)

www.naitauba.org (About the principal retreat sanctuary of Adidam)

www.ispeace723.org (online publication by Avatar Adi<u>Da)</u>

www.daplastique.com (Avatar Adi Da's art)

www.adidampodcast.com (podcasts about Avatar Adi Da)

www.dawnhorsepress.com (publications by and about Avatar Adi Da)

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Throughout my life, I have been moved to Communicate (or to Reveal, to Transmit, and to Awaken) the fundamental Source and Substance and Condition of True Humor to others. Ordinary humor can appear in many forms, as the seemingly undauntable mood of life-enjoyment, as the hilarious pleasure of laughter, as the fairy-tale ease of faith, as the self-congratulating certainty of mental knowledge, and as the overriding excitement of even all the greater and smaller bodily victories. But True Humor has only one living Form (and one ultimately, or inherently perfect, Form), Which is Real God, Perfect Truth, or Reality Itself.

