### O P E N E Y E S

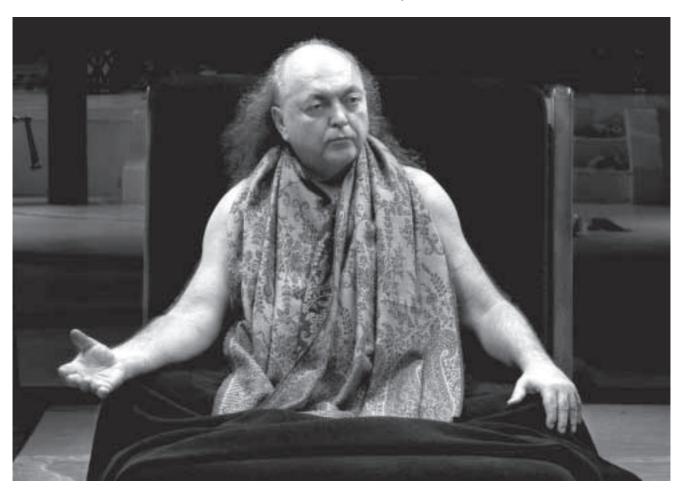
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## **Everything Transmits**

Everything transmits. The stones transmit, the sky does, the TV does. Since everything and everyone transmits states of existence, since life itself is participation in transmissions of all kinds, the best thing you can do is to associate with the greatest possible Transmission. Since everything is transmission, spend time in the Company of the One who spontaneously Transmits That Which Is Inherently Perfect and Ultimate. This is the great rule, the Great Law, the Ultimate Principle of the the Great Tradition.

Avatar Adi Da Samraj



CONTACT US ON THE WEB: WWW.ADIDAM.ORG

# W ELCOME TO OPEN EYES

"Open Eyes" is one of Ruchira Avatar Adi Da Samraj's descriptions of Perfect Enlightenment, or the non-exclusive, non-inward, Native State of One Who is identified unconditionally with Real God. In other words, the Realiser of Open Eyes inherently recognises everything to be arising in and as Real God. Through these pages we will introduce you to the Wisdom-Teaching of Avatar Adi Da Samraj.

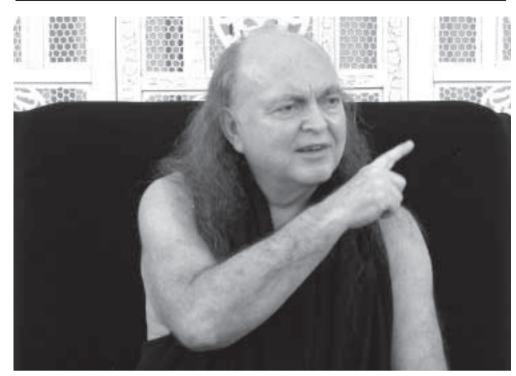
n late July 2004, Avatar Adi Da suddenly called for His devotees to gather with Him and ask any questions they had about their Spiritual practice in Adidam. This gathering included not only the people present at Adidam Samrajashram in Fiji – where Adi Da is presently residing – but all formal devotees from around the world who were able to participate via the internet. This was an historic moment whereby all Avatar Adi Da's devotees could participate together directly with Him globally.

It was an Act of Extreme Compassion, as Avatar Adi Da has already clearly elaborated His Wisdom-Teaching extensively over the more than 30 years of His Work, which is now summarised for all time in His twenty-three "Source-Texts". But on this day, He was moved to Offer even further Instruction in this unique, worldwide, and yet One-to-one manner.

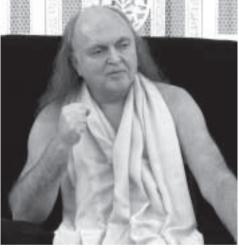
As these occasions have continued since that time with some frequency, Avatar Adi Da has reminded devotees that His Divine Speech does not define Him, His Work, or the Way of Adidam. His Own Divine Work and the Way He has Given is beyond words and beyond the mind.

Those participating in these Discourses confess to the utterly extraordinary nature of Avatar Adi Da's Communication – both verbally and also through the power of His Spiritual Transmission. His Capacity to directly help the individuals to whom He is Speaking, and at the same time Speak to and Bless all of mankind, is truly remarkable. Many of these talks will be published in written form in the future. Segments from some of these Discourses are now being made available for public viewing and we strongly urge you to make use of this incredible opportunity. Please contact the centre nearest you to find out when these videos will be shown.

### Adidam Revelation Discourses









### This Brightness Speaks

I <u>Am</u> The "Bright" – <u>Itself</u>.
This "Brightness" <u>Speaks</u>.
The "Bright" Is Born <u>As</u> <u>This</u>, My
Avataric Body-Mind.
My Divine Spiritual Descent
Upon the body-mind Of My
Devotee – As The "Thumbs" – Is
My Avataric Divine Means.
All This Was Given From The
Avataric Birth Of This, My Bodily
(Human) Form.

Indeed, These Words - The "Bright" and The "Thumbs" – Were Generated By Me As An Infant.

I Am Uttering To You The Revelation That Was Present At My Birth and In My Infancy – and Nothing Whatsoever Has Been Added To It or Taken Away From It.

Nothing In The Human Experience Of This, My Avataric Body-Mind, Has Modified My Revelation or limited It In The Slightest.

My Avatarically-Given Revelation
Is A Divine Spiritual Revelation
For The Sake Of all beings.
Therefore, Heart-Recognize Me,
and Heart-Respond To Me.
Turn To Me, Receive Me.
Constantly Know Me.
If You Do this, You Will Be
Certain Of The Truth I Am
Telling You.

From: "The Dawn Horse Testament of the Ruchira Avatar"

Footnote:– In *The Dawn Horse Testament*, Avatara Adi Da employs a unique convention of capitalization, in which the overwhelming majority of words are capitalized, and only those words that indicate the egoic (or dualistic) point of view are left lower-cased. This capitalization convention is in itself a Teaching device, intended to communicate His fundamental Revelation that "There <u>Is</u> Only Real God", and that only the ego (or the dualistic or separative point of view) prevents us from living and Realizing that Truth. Adi Da uses the reference "I" from the Point of View of Real God, or Truth.

# THE SECRET OF HOW TO CHANGE

AVATAR ADI DA SAMRA: True change and advanced human adaptation are not made on the basis of any self-conscious resistance to old, degenerative, and sub-human habits. Change is not a matter of not doing something. It is a matter of doing something else – something that is inherently right, free, and pleasurable. Therefore, you must enjoy the freedom to feel and participate in ways of functioning that are right and new.

The tendencies and patterns of your earlier adaptations are not wrong. They were appropriate enough in their own moment of creation, and there is no need to feel guilt or despair about them. Likewise, efforts to oppose and change them are basically fruitless. Such efforts are forms of conflict, and they only reinforce the modes of egopossession.

What is not used becomes obsolete – whereas what is opposed is kept before you. Therefore, the creative principle of change is the relaxed inspection and awareness of existing tendencies, and persistent, full feeling-orientation to right, new, regenerative functional patterns. If this principle is practiced consistently and in ecstatic resort to Me, the Divine Heart-Master, free growth is assured.

Have no regrets. Resort to Me in Truth and in the present. All that has been done by anyone had its logic in its time. Only I avail. Whatever is your habit in this moment is not wrong. It is simply a beginning. No habit is necessary – but it is only tending to persist, because it has not yet been replaced by further growth. Hear My Wisdom-Teaching of Truth, and understand what is the right, ultimate, and regenerative pattern of each function of the human body-mind. Feel free of all negative judgements about what you have done and what you tend to do. Turn with full feeling-attention to the happy ordeal of new adaptation in most positive Communion with Me, the Divine Heart-Master – for I Am The Unbroken (Indivisible and Indestructible) Light That "Lives" you, and I Am The Only One Who Is (Surrounding, Pervading, and Being you, and all, and All).

From: "Ruchira Tantra Yoga"

In this Essay, Adi Da invites those who have recognised Him as the manifestation of the Divine Condition to turn to Him—and thus allow His Divine Condition (or Unbroken Light) to bring about change and transformation in each one who does so. He offers this on the basis of the great principle that underlies the Work of all true Spiritual Masters: "you become what you meditate on, or give attention to."

# Feeling Without Limitation

AVATAR ADI DA SAMRAJ: You must do more than feel afraid when it is appropriate to be afraid, and sorrowful when it is appropriate to be sorrowful, and gleeful when it is appropriate to be gleeful. You must Feel completely without obstruction – in which case you will not merely be afraid, or angry, or sorrowful. You will feel anger, sorrow, fear, and that which is causing or suggesting to you to be angry, sorrowful, fearful. And by being completely free to feel these feelings, you will not merely dramatise these feelings, although you might tend also to continue to dramatise them to some degree, but you will simply feel. The feeling of the appropriate emotion will become Feeling Itself. Eventually, it will become Feeling simply, or Feeling without obstruction.

Remarkably enough, the reason you are so disturbed about the facts of life that might make you fearful, sorrowful, and angry is that whenever something arises that you might appropriately be angry, fearful, or sorrowful about, you do not feel it completely. You limit your feeling of even these reactions. And you certainly limit your feeling of the circumstance, or the condition, that is arising. You are always exhibiting the evidence of limited feeling, obstructed feeling. If feeling becomes limitless, if you do not contract, then feeling becomes Being Itself – no reaction, no contraction, Feeling without limit. That Feeling goes beyond fear, sorrow, anger and conventional happiness and loving attitudes.

What is it? Love-Bliss. It is the Self-Existing and Self-Radiant Force of Being, without the slightest obstruction. It is Divine Enlightenment. It Divinely Transfigures the body-mind and becomes a Power, a Great Power, and - because now you are looking at manifestation through this colour, this "one flavour", this Free Force or Free Energy – It even allows you to interpret everything differently. Now you will not be saying that manifest existence is evil or suffering or sinful, or that others are unloving, that you are mortal, that you are going to die, that it is a terrible life, and so forth. Instead, you will regard all of manifest existence to be pervaded by Love-Bliss. Not merely Bliss coming at you from every direction, but Love-Bliss, Self-Existing and Self Radiant, Radiating from every direction in the Place where you Stand, as you, and everywhere, altogether. It has no centre, it has no bounds, it has no limits. It is Free Energy. And, in the midst of Free Energy, you are Free as attention, not limited, not obstructed in your attention.

From: "Feeling Without Limitation"

#### About Adi Da Samraj

In the depth of every human being, there is a profound need for answers to the fundamental questions of existence. Is there a God? What is beyond this life? Why is there suffering? What is Truth? What is Reality?

Open Eyes is an opportunity to be introduced to the Wisdom-Revelation of Avatar Adi Da, whose Teachings truly and completely address all of these fundamental questions. How can Avatar Adi Da resolve these fundamental questions? Because He speaks, not from the point of view of the human dilemma, but



directly from the unique Freedom of His Divine State. Adi Da's Birth in 1939 was an intentional embrace of the human situation, for the sake of Revealing the Way of Divine Liberation to all and Offering the Spiritual Blessing that carries beings to that true Freedom. He is thus the fulfillment of the ancient intuitions of the "Avatar"—the One Who Appears in human Form, as a direct manifestation of the Unmanifest Reality.

Through a 14-year process of Teaching-Work (beginning in 1972), Avatar Adi Da established the Way of Adidam—the Way of the devotional and Spiritual relationship to Him. In those years of Teaching, He spoke for many hours with groups of His devotees—always looking for them, as representatives of humanity, to ask all of their questions about God, Truth, Reality, and human life. In response, He Gave the ecstatic life of real Communion with Him, and all the details of how that process unfolds. Thus, He created a new tradition, based on His direct Revelation (as Avatar) of the Divine Reality.

To read Avatar Adi Da's Writings and the stories of His devotees is a great Blessing—for His Teaching is itself an Agent of His Spiritual Awakening-Power. As you will discover, Avatar Adi Da Samraj does not offer you a set of beliefs, or even a set of Spiritual techniques. He simply Offers you His Revelation of Truth as a Free Gift. If you are moved to take up His Way, He invites you to enter into an extraordinarily deep and transformative relationship to Him.

To find Avatar Adi Da Samraj is to find the Very Heart of Reality—tangibly felt in your own heart as the Deepest Truth of Existence.

This is the great mystery that you are invited to discover.

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